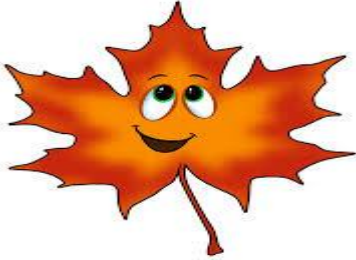


OCTOBER 2020 - Calendar of Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><u>Room Site Key</u></p> <p>(AC) – Arts & Crafts (AU) – Auditorium (DR) – Dining Room (Ex.R) – Exercise Room (SVY) – Rm. #221</p>	<p><u>Room Site Key</u></p> <p>(2F)–2nd Floor Game Rm. (3F) – 3rd Floor ALU (4F) – 4th Floor ALU (5F) – 5th Floor ALU</p>	<p><u>Room Site Key</u></p> <p>(TRP) Scheduled Trip (RR) Reflection Room (FR) Fountain Room (HLG) Heritage Lane (LIB) Library</p>		<p style="text-align: right;">1</p> <p>9:30 Music & Movement (AU) 10:30 Hot Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)</p>	<p style="text-align: right;">2</p> <p>10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) Holland 6:15 Movie Time (AU) “The High Note”</p>	<p style="text-align: right;">3</p> <p>Today is National Look at the Leaves Day. Take time to go in the garden and enjoy nature’s splendor.</p>
<p style="text-align: right;">4</p> <p>1:30 Ecumenical Worship (AU)</p>	<p style="text-align: right;">5</p> <p>9:30 Qi-Gong Exercise (AU) 10:30 Attitude of Gratitude (FR)</p>	<p style="text-align: right;">6</p> <p>9:30 Chair Yoga (AU) 12:30 AARP Zoom Meeting: How to Prepare for Election 2020 (AU) 3:00 General Store 4:00 Manicures (RR) 6:15 Movie Time (AU) “My Fellow Americans”</p>	<p style="text-align: right;">7</p> <p>9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)</p>	<p style="text-align: right;">8</p> <p>10:30 Hot Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)</p>	<p style="text-align: right;">9</p> <p>10:00 Yoga w/Judy (AU) 1:30 Nick Davio (HLG) 6:15 Movie Time (AU) “The Currant War”</p>	<p style="text-align: right;">10</p> <p>10:00 Storytellers Writing Group (SVY) 1:15 Saturday Matinee (AU) Alfred Hitchcock’s “The Trouble With Harry” 1:30 General Store Open</p>
<p style="text-align: right;">11</p> <p>1:30 Ecumenical Worship (AU)</p>	<p style="text-align: right;">12</p> <p>9:30 Qi-Gong Exercise (AU) 10:30 Attitude of Gratitude (FR)</p>	<p style="text-align: right;">13</p> <p>9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 2:00 Communion (AU) 3:00 General Store 4:00 Manicures (RR) 6:15 Movie Time (AU) “Dr. No”</p>	<p style="text-align: right;">14</p> <p>9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)</p>	<p style="text-align: right;">15</p> <p>9:30 Music & Movement (AU) 10:30 Fitness Intro (Ex.R) 10:30 Hot Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)</p>	<p style="text-align: right;">16</p> <p>10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) New Zealand 6:15 Movie Time (AU) “Mary Poppins Returns”</p>	<p style="text-align: right;">17</p> <p>Sweetest Day 10:00 Storytellers Writing Group (SVY) 1:15 Saturday Matinee (AU) Alfred Hitchcock’s “Dial M for Murder” 1:30 General Store Open</p>
<p style="text-align: right;">18</p> <p>1:30 Ecumenical Worship (AU)</p>	<p style="text-align: right;">19</p> <p>9:30 Qi-Gong Exercise (AU) 10:30 Attitude of Gratitude (FR)</p>	<p style="text-align: right;">20</p> <p>9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 5:30 Manicures (RR) 6:15 Movie Time (AU) “Jaws”</p>	<p style="text-align: right;">21</p> <p>9:00 Current Events (RR) 10:00 Residents Meeting (AU) 1:30 Midweek Connection (RR) 2:30 Pumpkin Decorating (AU)</p>	<p style="text-align: right;">22</p> <p>9:30 Music & Movement (AU) 10:30 Pumpkin Decorating (AU) 10:30 Hot Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)</p>	<p style="text-align: right;">23</p> <p>10:00 Yoga w/Judy (AU) 1:30 Armchair Travel (AU) Romania 6:15 Movie Time (AU) “Spiderman: Far From Home”</p>	<p style="text-align: right;">24</p> <p>10:00 Storytellers Writing Group (SVY) 1:15 Saturday Matinee (AU) Alfred Hitchcock’s “Suspicion” 1:30 General Store Open</p>
<p style="text-align: right;">25</p> <p>1:30 Ecumenical Worship (AU)</p>	<p style="text-align: right;">26</p> <p>9:30 Qi-Gong Exercise (AU) 10:30 Attitude of Gratitude (FR)</p>	<p style="text-align: right;">27</p> <p>9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 5:30 Manicures (RR) 6:15 Movie Time (AU) “Young Frankenstein”</p>	<p style="text-align: right;">28</p> <p>9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)</p>	<p style="text-align: right;">29</p> <p>9:30 Music & Movement (AU) 10:30 Hot Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)</p>	<p style="text-align: right;">30</p> <p>10:00 Yoga w/Judy (AU) 2:00 Halloween Party (AU) 6:15 Movie Time (AU) “Ghostbusters”</p>	<p style="text-align: right;">31</p> <p>HALLOWEEN 10:00 Storytellers Writing Group (SVY) 1:15 Saturday Matinee (AU) Alfred Hitchcock’s “The Birds” 1:30 General Store Open</p>

Bethany Retirement Community ~ 4950 North Ashland Avenue ~ Chicago, Illinois 60640 ~ (773) 989-1501 ~

www.bethanyretirement.org

ALL ACTIVITIES ARE SUBJECT TO CHANGE!!!