



SEPTEMBER 2020 - Calendar of Activities

World Alzheimer's Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 ALZHEIMERS AWARENESS	1 9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 6:15 Movie Time (AU) "The Grapes of Wrath"	2 9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)	3 9:30 Music & Movement (AU) 10:30 Fitness Intro (Ex.R) 10:30 Ice Tea/Topics (FR) 1:30 Presentation: Truth About Memory Loss (AU) 2:00 Lilies – Bible Study (RR)	4 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel: Slovenia (AU) 6:15 Movie Time (AU) "Avengers: Infinity War"	5 10:00 Storytellers Writing Group (SVY) 1:15 Saturday Matinee (AU) "On the Waterfront" 1:30 General Store Open
6 1:30 Ecumenical Worship (AU)	7 Labor Day The Administrative Office is closed today!!	8 9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 6:15 Movie Time (AU) "9 to 5"	9 9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)	10 9:30 Special Presentation: The Brain Program (AU) 10:30 Ice Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)	11 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel: Greece (AU) 6:15 Movie Time (AU) "Avengers: Endgame"	12 Today is a good day for relaxation, reading or visiting with friends.
13 Grandparents Day 1:30 Ecumenical Worship (AU)	14 9:30 Qi-Gong (AU) 10:30 Hymn Sing (FR)	15 9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 6:15 Movie Time (AU) "Guns of Navarone"	16 9:00 Current Events (RR) 10:00 Resident Meeting (AU) 1:30 Midweek Connection (RR) 3:00 Activity Meeting (AU)	17 9:30 Music & Movement (AU) 10:30 Ice Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)	18 Rosh Hashanah Begins 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel: Germany (AU) 6:15 Movie Time (AU) "The King of Staten Island"	19 Oktoberfest Begins 10:00 Storytellers Writing Group (SVY) 2:00 Oktoberfest Celebration!! (AU)
20 1:30 Ecumenical Worship (AU)	21 World Alzheimer's Day 9:30 Qi-Gong (AU) 10:30 Hymn Sing (FR) Wear Purple Today to Honor People Struggling with Alzheimer's	22 Autumn Begins 9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 6:15 Movie Time (AU) "Scent of a Woman"	23 9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)	24 9:30 Music & Movement (AU) 10:30 Ice Tea/Topics (FR) 2:00 Lilies – Bible Study (RR)	25 10:00 Yoga w/Judy (AU) 1:30 Armchair Travel: Chile (AU) 6:15 Movie Time (AU) "Moana"	26 10:00 Storytellers Writing Group (SVY) 1:15 Saturday Matinee (AU) "Cat Balou" 1:30 General Store Open
27 Yom Kippur Begins 1:30 Ecumenical Worship (AU)	28 Yom Kippur 9:30 Qi-Gong (AU) 10:30 Hymn Sing (FR)	29 9:30 Chair Yoga (AU) 1:00 Brain Games (AU) 3:00 General Store 6:15 Movie Time (AU) "Dances with Wolves"	30 9:00 Current Events (RR) 1:30 Midweek Connection (RR) 2:30 Bingo (AU)	Room Site Key (AC) – Arts & Crafts (AU) – Auditorium (DR) – Dining Room (Ex.R) – Exercise Room (SVY) – Rm. 221	Room Site Key (2F)–2nd Floor Game Rm. (3F) – 3rd Floor ALU (4F) – 4th Floor ALU (5F) – 5th Floor ALU	Room Site Key (TRP) Scheduled Trip (RR) Reflection Room (FR) Fountain Room (HLG) Heritage Lane (LIB) Library

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www.bethanyretirement.org ALL ACTIVITIES ARE SUBJECT TO CHANGE!!!